



FERTILITY MATCH



Egg Donor Handbook

everything you need to know

Why Become an Egg Donor?

There are so many reasons women decide to become Egg Donors. Many of the women who come to us to donate know family and friends who have struggled to build their own families, and see the joy an Egg Donor has brought to their lives.

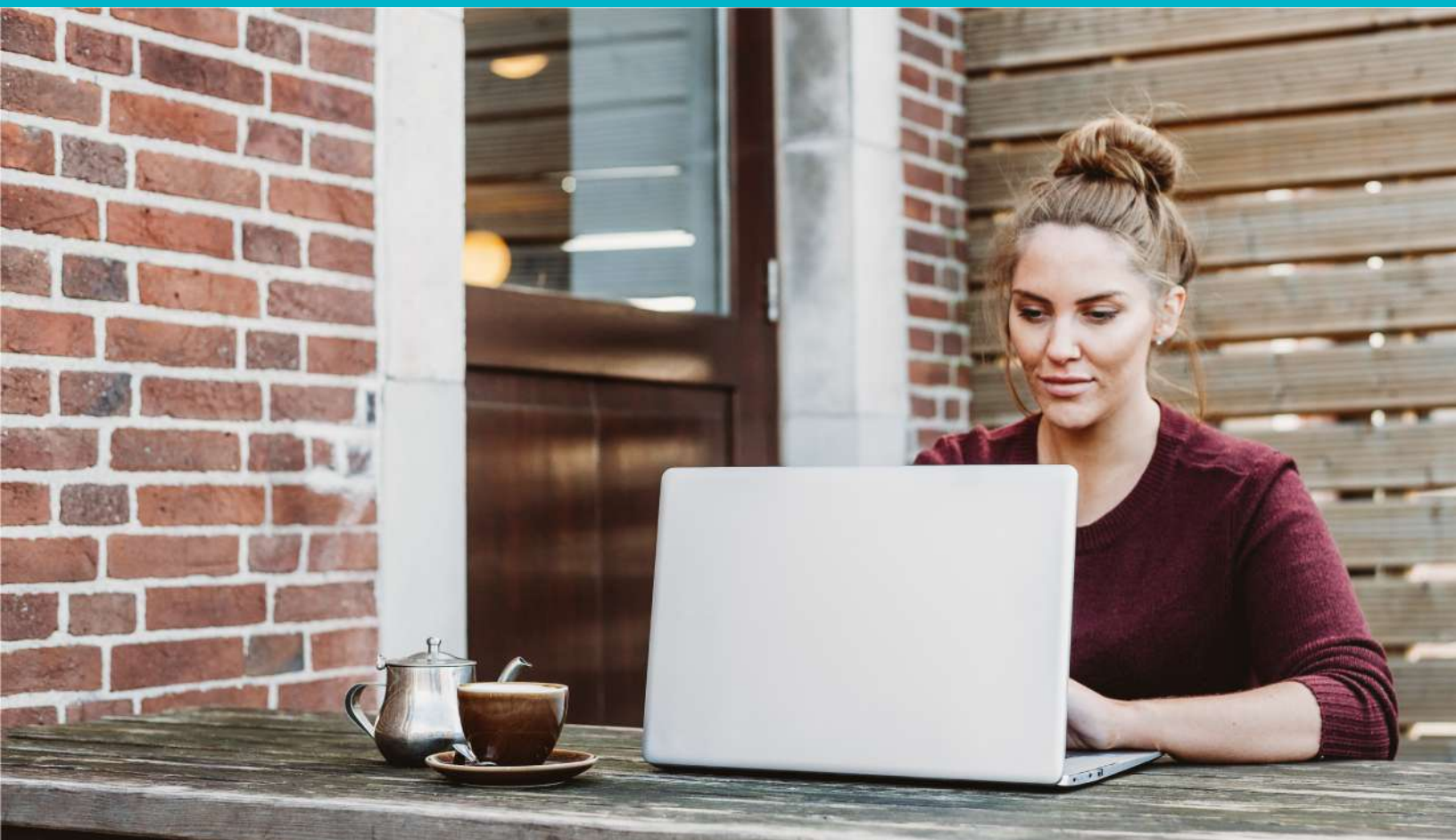
Many of our Donors have their own children and want to bring the happiness of family to others. Some are members of the LGBT community themselves, and want to help same-sex couples create their families.

Whatever their motivation to donate, our Egg Donors are driven by their own kindness and a desire to help other people. If this is you, we would be thrilled to have you in our program. Please read on for more information on our Egg Donation program!



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Why Choose Fertility Match?

At Fertility Match, our first priority is to make your journey the best it can be. Egg donation is a wonderful gift that can help build a family. With the support of a caring egg donation agency like Fertility Match, it can be a rewarding and fulfilling journey for you too.

Becoming an Egg Donor is a commitment, and you definitely want to make sure you're working with an agency that is committed to you in return. At Fertility Match, we understand the entire egg donation journey from your first point of contact with us to the day of your donation – and beyond. We're fully committed to being there for you, every step of the way.

By signing up to donate to an aspiring family with Fertility Match, you are putting your trust and faith in us. To ensure that we can meet your expectations and ensure your journey is everything you hope it will be, we have developed our Core Values: Respect, Support, Trust and Integrity. It is our promise to you that we will always act in accordance with these values when working with you and representing you.



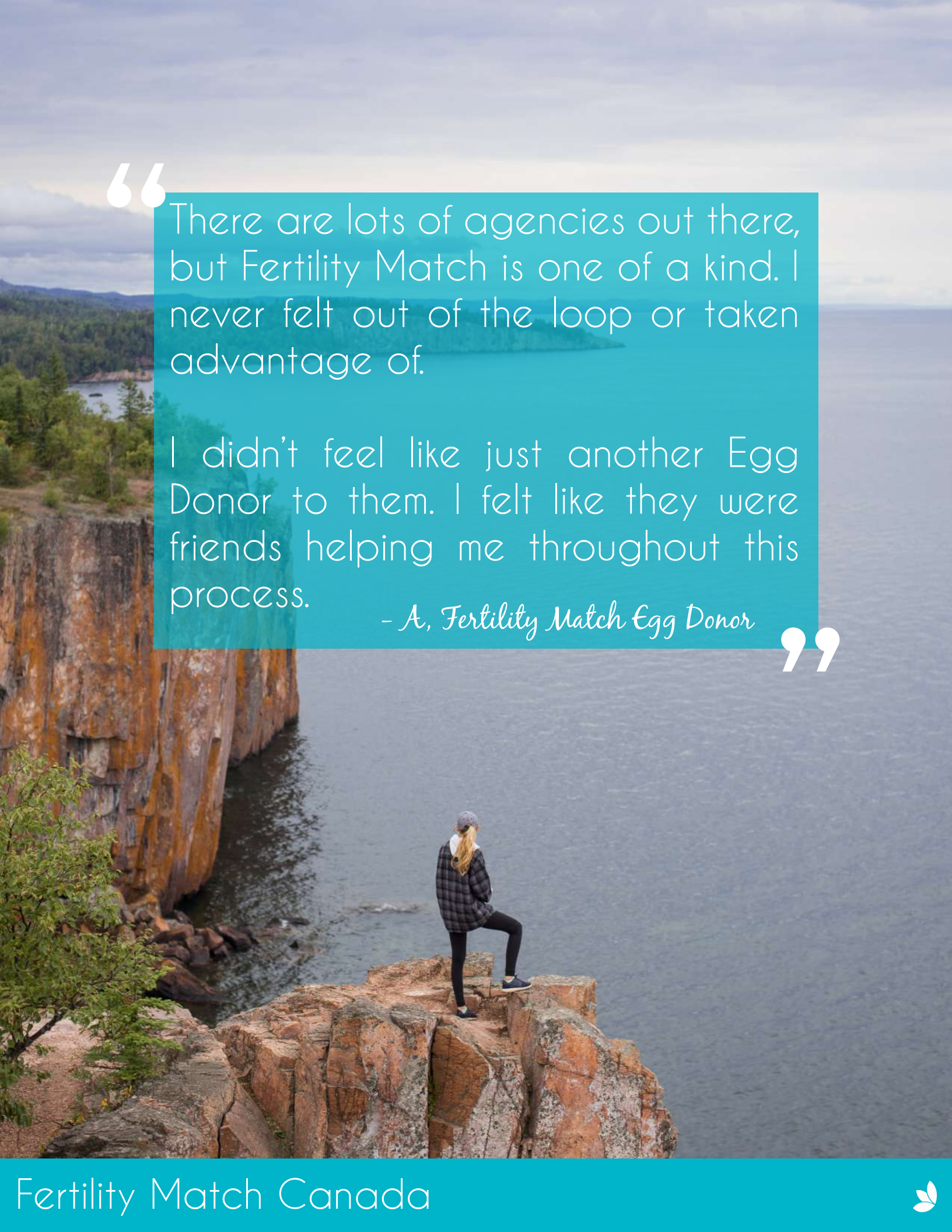
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There are lots of agencies out there, but Fertility Match is one of a kind. I never felt out of the loop or taken advantage of.

I didn't feel like just another Egg Donor to them. I felt like they were friends helping me throughout this process.

- A, Fertility Match Egg Donor

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The Fertility Match Difference

At Fertility Match, we spend extra time getting to know the Egg Donors in our program to ensure that all of your questions are answered and your concerns are addressed throughout the entire process. As the agency representing you, it is our job to make sure that your Egg Donation experience is as enjoyable and rewarding as possible.

Our team will manage all of your expense claims and reimbursements to ensure that your journey is simple and worry free. We work closely with fertility doctors, nurses and clinics to make sure that you get excellent medical care. We guarantee that your personal information is protected and that you're comfortable throughout your donation.



Our Donors say we're the best agency in Canada.

Here's why.

Your privacy is our priority.

Fertility Match is the only agency in Canada that doesn't let anyone who fills out an online form immediately access your pictures and information online. All of the aspiring parents accepted into our program have been vetted via a three phase security process, to ensure only serious and screened recipients are viewing your profile.

Your journey is important to us.

We're here to make sure that your donation exceeds all of your expectations. You can reach us at any time with any question, and we'll be there to help you.



Do You Qualify to Be an Egg Donor?

Because you are giving such an important gift to a family, there are strict qualifying factors to be an Egg Donor. While the criteria below are not exhaustive, they must be met to be eligible to be an Egg Donor. This criteria also exist to ensure your health and safety. Further testing will be required once you are accepted into the program to further assess your fertility and eligibility as an Egg Donor.





Qualifying Factors to be an Egg Donor

- Canadian citizen with active provincial health insurance
- 20-32 years of age
- Non-smoker, and no recreational drug use (includes marijuana)
- Healthy, with regular menstrual cycles (When not using the birth control pill or an IUD)
- No significant genetic or hereditary illnesses
- No history of serious psychological issues
- BMI of 28 or below
- Willing to take injectable fertility medications
- No more than two previous egg retrievals
- Willing to undergo a background check
- Willing to provide a complete medical history
- Willing to undergo psychological and medical assessments
- No tattoos or piercing in the last six months
- Pursuing or completed post-secondary education

If you meet all of these requirements and we believe your profile would be selected by aspiring parents, you will be asked to complete additional medical and psychological testing to ensure you qualify to be a Donor.

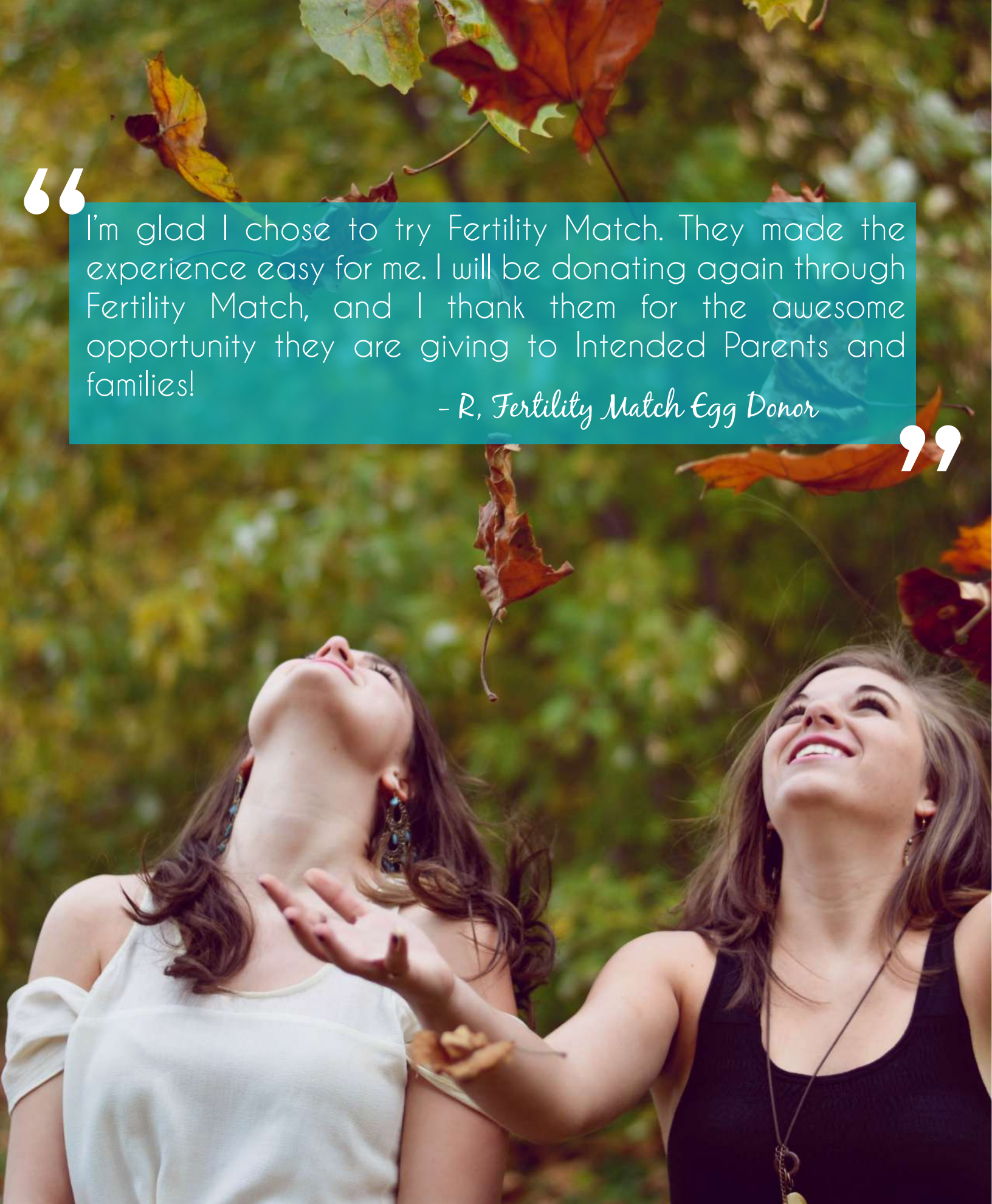


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I'm glad I chose to try Fertility Match. They made the experience easy for me. I will be donating again through Fertility Match, and I thank them for the awesome opportunity they are giving to Intended Parents and families!

- R, Fertility Match Egg Donor

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FAQ

Will I have any legal obligation to the child?

No. When you donate your eggs to a family, any children that result from the are the legal children of the recipients. You have no legal obligation to any child that results from a donation, financial or in terms of custody.

Will I be reimbursed for my expenses?

Yes, your donation related expenses like vitamins, supplements, and lost wages will be reimbursed by the Intended Parent(s) who have selected you as their Donor. In order to keep your identity private, the Intended Parent(s) will deposit funds into trust account that we will manage and administer for you. All of your travel expenses, including mileage costs, will be reimbursed throughout your donation process. Other expenses related to the donation will be reimbursed to you on the day of your Egg Retrieval, upon completion of required documentation which you will receive in advance.





Will the Intended Parents know who I am?

At Fertility Match, you can choose to be a Semi-Anonymous (also known as open ID) or Known Egg Donor.

A **Semi-anonymous** or **Open ID** donation means the receiving Intended Parents will not have any identifying information about you and will not know who you are. However, Fertility Match and the fertility centre(s) you work with keeps records, so that any children who result from your donation can access Egg Donor information once they turn 18 years of age.

A **Known** donation means that both your and the recipient(s) legal names are used the ovum donation contract and the contract will also stipulate when contact and communication can occur. This can vary from right after the donation up until any children born from a donation up until turn 18 years of age.

We believe – and research shows – that it is important that children know where they come from. That's why it is important that all Donors in our program be willing to meet a child born from their donation after age 18.

The Egg Donation Process

1. *Profile creation:* Once you contract Fertility Match, you will be asked to create your profile on our Egg Donor database, discussing your personality, medical, and family history. Once you're finished your profile, you'll be sent a link to book a call with Egg Donation Program Director Liz Ellwood, to make sure that everything is in order.

2. *Medical pre-screening:* There are minimum medical requirements to be an Egg Donor. We'll organize a blood test and ultrasound for you at a Fertility Clinic so we can make sure you're medically eligible to donate.





3. Selection: New Intended Parent(s) are reviewing our database daily! Once you have been selected, we'll reach out to you to get the donation process rolling.

4. Your donation: We'll be in touch with you every step of the way. While exact donation protocols vary between clinics, at Fertility Match our Egg Donors are amazing and incredibly generous young women and it's our responsibility to make this a positive experience for you. We'll make sure that you're comfortable and work hard to ensure the smoothest, easiest donation experience possible.

Are There Any Risks?

While there are some side effects possible when taking fertility medications, the vast majority of our Donors do not report any significant issues. All physical and psychological risks will be discussed in depth with the doctor taking care of your donation process. At Fertility Match, we make sure you have all of the information you need before you embark on your egg donation journey.



The Psychology of Egg Donation

At Fertility Match, our greatest priority is your well-being. In order to make sure that your mental health is taken care of throughout the process, we provide a mandatory counselling session before you begin your donation cycle.



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I decided to donate my eggs because I know the love and joy that comes from being a parent. I knew I had a good chance of producing fertile eggs, and I wanted to be able to help couples grow their families.

- S, Fertility Match Egg Donor

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Reimbursable Expenses

Fertility Match Donors are reimbursed for all donation related expenses they incur up to \$8000, plus additional travel costs to and from the clinic you are working with. Donation related expenses include, but are not limited to, healthy groceries leading up to and during your donation, child or pet care for donation related appointments, medications, feminine hygiene products, and lost wages. You will need to keep track of these expenses throughout your donation in the log sheet we will provide to you.

Travel expenses will be reimbursed throughout your donation; all other expenses will be reimbursed after your donation once you have submitted your 12-week expense log to one of our program coordinators. We recommend that you keep receipts relating to your donation-related expenses for at least one year after your donation!



Sample Egg Donor Expense Log

Expense	Details	Amount
Grocery Expenses	12 weeks @ \$300.00/week	\$3600.00
Prepared Food Expenses	4 weeks @ \$100.00/week	\$400.00
Travel Companion Meals	2 appointments @ \$25.00/day	\$50.00
Travel Companion Lost Wages	2 appointments @ \$150.00/day	\$300.00
Missed Classes (Notetaking)	10 appointments @ \$40.00/class	\$400.00
Child Care Expenses	6 appointments @\$100.00/day	\$600.00
Petcare Expenses	10 appointments @\$50.00/day	\$500.00
Lost Wages	10 appointments @ \$120.00/day	\$1200.00
Communication Costs	Mobile phone required to be reached by clinic 4 months @ \$80.00/month	\$280.00
Extracurricular Activities	Gym Pass (could not use)	\$200.00
Vitamins/Feminine Hygiene Products	4 months/cycles	\$400.00
TOTAL		\$7930.00
TOTAL REIMBURSED		\$7930.00



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I have no words to explain how satisfying and exciting it feels to know that you are helping someone make a family.

- G, Fertility Match Egg Donor

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Thank *you* for considering giving the gift of egg donation. For many aspiring Canadian parents, egg donation is one of the few ways they *can* have a family, and often the only way. You could be the gift that 1 in 6 aspiring Canadian families are waiting for to *make* their *dreams* a reality. You have the power to make a dream *come true* if you think egg donation is right for you; and Fertility Match is here to guide you every step of the way!

Be The Change...